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|  |  | |  | | | **47. týden do 21. 11. – 25.11. 2022** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |
|  | **Pondělí** | | *svačina* | | | chléb, pomazánka z olejovek, jablko | | | | |
|  |  | | ***oběd*** | | | **polévka zeleninová se sýrovým kapáním** | | | | |  |
|  |  | |  | | | **bavorské vdolečky s tvarohem** | | | | |  |
|  |  | | ***svačina*** | | | chléb, máslo, mrkev, mléko, čaj | | | | |  |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Úterý** | | *svačina* | | | veka, pomazánka tvarohová, banán, kakao | | | | |
|  |  | | ***oběd*** | | | **polévka špenátová s opečeným chlebem** | | | | |
|  |  | |  | | | **zapečené rybí filé, vařené brambory, okurkový salát** | | | | |  |
|  |  | | *svačina* | | | slunečnicový chléb, tavený sýr | | | | |  |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Středa** | | *svačina* | | | kaše z ovesných vloček ovocem | | | | |  |
|  |  | | ***oběd*** | | | **polévka krupicová se zeleninou a vejci** | | | | |  |
|  |  | |  | | | **hovězí maso na česneku, bramborové noky** | | | | |  |
|  |  | | *svačina* | | | chléb, pórková pomazánka, jablko | | | | |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |  |
|  |  | |  | | |  | | | | |  | | | | |  |  |
|  | **Čtvrtek** | | *svačina* | | | chléb, máslo, džem, mandarinka, mléko | | | | |  | | | | |  |  |
|  |  | | ***oběd*** | | | **polévka vločková s bramborem a zeleninou** | | | | |  | | | | | |  |
|  |  | |  | | | **poděbradské vepřové maso, těstoviny** | | | | |  | | | | |  |  |
|  |  | | *svačina* | | | houska, zeleninová pomazánka, mrkev | | | | |  | | | | |  |  |
|  |  | |  | | | **alergeny : 1,3,7** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |  | | | | | |  |
|  | **Pátek** | | *svačina* | | | chléb, pom. z pečeného masa, rajče | | | | |  | | | |  |  |  |
|  |  | | ***oběd*** | | | **polévka hovězí vývar s vaječným svítkem** | | | | |  | | | | | | |
|  |  | |  | | | **bretaňské fazole, chléb** | | | | |  | | | | | | |
|  |  | | *svačina* | | | sladký rohlík, mandarinka | | | | |  | | | | | |  |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |  | | | | | |  |
|  |  | | | **Každodenně po celý den : ovocný čaj, voda s citrónem, ovocná šťáva** | | | | | |  | | |  |
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|  |  | | | |  | |  | | | |  | | | | | |  |
|  |  | | | | |  | | --- | | **vedoucí kuchařka : Iveta Doskočilová** | | **vedoucí jídelny : Lenka Dohnalová** | |  | | | **ZMĚNA JÍDELNÍČKU VYHRAZENA** | | | | | | |  | | | | | | |
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