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|  |  | |  | **3 . TÝDEN OD 16. 1. – 20. 1. 2023** | | | |  | | | | |
|  |  | |  |  | | | |
|  | **Pondělí** | | *svačina* | chléb, máslo, plátkový sýr, ovoce, kakao | | | |
|  |  | | ***oběd*** | **polévka hovězí vývar s pohankou a zeleninou** | | | |  |
|  |  | |  | **hrachová kaše, vepřové maso, kyselá okurka** | | | |  |
|  |  | | *svačina* | houska, sýr žervé, mrkev, mléko, čaj | | | |
|  |  | |  | **alergeny : 1,3,7,9** | | | |  |
|  | **Úterý** | | *svačina* | termix, rohlík, ovoce | | | |
|  |  | | ***oběd*** | **polévka mrkvová s kukuřicí** | | | |
|  |  | |  | **DEN BOJE ZA SVO hovězí španělský ptáček, dušená rýže** | | | |  |
|  |  | | svačina | slunečnicový chléb, máslo, zelenina, mléko | | | |  |
|  |  | |  | **alergeny : 1,3,7,9,10** | | | |
|  |  | |  |  | | | |  |
|  | **Středa** | | *svačina* | chléb, pomazánka masová, rajče | | | |  |
|  |  | | ***oběd*** | **polévka rybí** | | | |  |
|  |  | |  | **pečené kuřecí paličky na másle, bramborová kaše, kompot** | | | |  |
|  |  | |  |  | | | |
|  |  | | *svačina* | jogurt, rohlík | | | |  |
|  |  | |  | **alergeny : 1,3,4,7,9** | | | |  | | |  |  |
|  | **Čtvrtek** | | *svačina* | chléb, medové máslo, kiwi, kakao | | | |  | | |  |  |
|  |  | | ***oběd*** | **polévka slepičí vývar s nudlemi** | | | |  | | | |  |
|  |  | |  | **krůtí maso na smetaně, těstoviny** | | | |  | | |  |  |
|  |  | | *svačina* | veka, pom.ze strouhaného sýra, paprika, mléko | | | |  | | | | |
|  |  | |  | **alergeny : 1,3,7,9** | | | |  | | | |  |
|  | **Pátek** | | *svačina* | chléb, pomazánka z lučiny, mandarinka, mléko | | | |  | |  |  |  |
|  |  | | ***oběd*** | **polévka cibulová s opečeným chlebem** | | | |  | | | | |
|  |  | | *svačina* | **bulgurové rizoto se zeleninou, červená řepa**  sýrová bulka, ovoce | | | |  | | | | |
|  |  | |  | **alergeny : 1,3,7,9**  **Každodenně po celý den : ovocný čaj, voda s citrónem, ovocná šťáva**  **vedoucí kuchařka : Iveta Doskočilová** | | | |  | | | |  |
|  |  | |  | **vedoucí jídelny : Lenka Dohnalová** | | | |  | | | |  |
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|  |  | |  | **ZMĚNA JÍDELNÍČKU VYHRAZENA** | | | |  | | | |  |
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