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|  |  | |  | | | **38. týden do 18. 9. – 22. 9. 2023** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |
|  | **Pondělí** | | *svačina* | | | chléb, pomazánka z olejovek, jablko | | | | |
|  |  | | ***oběd*** | | | **polévka pórková** | | | | |  |
|  |  | |  | | | **bavorské vdolečky s tvarohem** | | | | |  |
|  |  | | ***svačina*** | | | chléb, máslo, paprika, mléko, čaj | | | | |  |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Úterý** | | *svačina* | | | veka, pomazánka tvarohová s mrkví, banán, kakao | | | | |
|  |  | | ***oběd*** | | | **polévka špenátová s opečeným chlebem** | | | | |
|  |  | |  | | | **poděbradské vepřové maso, těstoviny** | | | | |  |
|  |  | | *svačina* | | | chléb, šunková pěna, kedlubna | | | | |  |
|  |  | |  | | | **alergeny : 1,3,7** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Středa** | | *svačina* | | | chléb, máslo, džem, hruška, bílá káva, | | | | |  |
|  |  | | ***oběd*** | | | **polévka hrstková** | | | | |  |
|  |  | |  | | | **rybí filé zapečené se smetanou a sýrem, brambory, okurkový salát** | | | | |  |
|  |  | | *svačina* | | | slunečnicový chléb, tavený sýr, mléko | | | | |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |  |
|  |  | |  | | |  | | | | |  | | | | |  |  |
|  | **Čtvrtek** | | *svačina* | | | chléb, vaječná pomazánka, hroznové víno, kakao | | | | |  | | | | |  |  |
|  |  | | ***oběd*** | | | **polévka krupicová se zeleninou a vejci** | | | | |  | | | | | |  |
|  |  | |  | | | **hovězí maso na česneku, bramborové noky** | | | | |  | | | | |  |  |
|  |  | | *svačina* | | | rohlík, máslo, jablko | | | | |  | | | | |  |  |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |  | | | | | |  |
|  | **Pátek** | | *svačina* | | | chléb, pomazánka z paštiky, ředkvičky | | | | |  | | | |  |  |  |
|  |  | | ***oběd*** | | | **polévka zeleninový vývar s bulgurem** | | | | |  | | | | | | |
|  |  | |  | | | **bretaňské fazole, chléb** | | | | |  | | | | | | |
|  |  | | *svačina* | | | sladký rohlík, ovoce | | | | |  | | | | | |  |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |  | | | | | |  |
|  |  | | | **Každodenně po celý den : ovocný čaj, voda s citrónem, ovocná šťáva** | | | | | |  | | |  |
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|  |  | | | |  | |  | | | |  | | | | | |  |
|  |  | | | | |  | | --- | | **vedoucí kuchařka : Iveta Doskočilová** | | **vedoucí jídelny : Tereza Dohnalová** | |  | | | **ZMĚNA JÍDELNÍČKU VYHRAZENA** | | | | | | |  | | | | | | |
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