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|  |  | |  | | | **38. týden do 20. 9. - 24. 9. 2021** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |
|  | **Pondělí** | | *svačina* | | | chléb, pomazánka z olejovek, jablko | | | | |
|  |  | | ***oběd*** | | | **polévka zeleninový vývar s bulgurem** | | | | |  |
|  |  | |  | | | **kynuté knedlíky se švestkami, cukr s mákem, máslo** | | | | |  |
|  |  | | ***svačina*** | | | chléb, máslo, paprika, mléko, čaj | | | | |  |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Úterý** | | *svačina* | | | pribináček, rohlík, švestka | | | | |
|  |  | | ***oběd*** | | | **polévka krupicová se zeleninou a vejci** | | | | |
|  |  | |  | | | **hovězí maso na česneku, bramborové noky** | | | | |  |
|  |  | | *svačina* | | | chléb, pomazánka tvarohová s mrkví, okurka, mléko | | | | |  |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |
|  |  | |  | | |  | | | | |  |
|  | **Středa** | | *svačina* | | | houska, máslo, plátkový sýr, jablko, mléko, čaj, voda | | | | |  |
|  |  | | ***oběd*** | | | **polévka hrstková** | | | | |  |
|  |  | |  | | | **smažené rybí filé, vařené brambory, okurkový salát** | | | | |  |
|  |  | | *svačina* | | | slunečnicový chléb, tavený sýr, mléko | | | | |
|  |  | |  | | | **alergeny : 1,3,4,7,9** | | | | |  |
|  |  | |  | | |  | | | | |  | | | | |  |  |
|  | **Čtvrtek** | | *svačina* | | | veka, vaječná pomazánka, hroznové víno, bílá káva | | | | |  | | | | |  |  |
|  |  | | ***oběd*** | | | **polévka špenátová s opečeným chlebem** | | | | |  | | | | | |  |
|  |  | |  | | | **poděbradské vepřové maso, těstoviny** | | | | |  | | | | |  |  |
|  |  | | *svačina* | | | chléb, sýr Lučina, okurka, čaj, voda | | | | |  | | | | |  |  |
|  |  | |  | | | **alergeny : 1,3,7** | | | | |  | | | | | | |
|  |  | |  | | |  | | | | |  | | | | | |  |
|  | **Pátek** | | *svačina* | | | chléb, pomazánka z paštiky, ředkvičky | | | | |  | | | |  |  |  |
|  |  | | ***oběd*** | | | **polévka pórková** | | | | |  | | | | | | |
|  |  | |  | | | **bretaňské fazole, chléb** | | | | |  | | | | | | |
|  |  | | *svačina* | | | sladký rohlík, ovoce, mléko | | | | |  | | | | | |  |
|  |  | |  | | | **alergeny : 1,3,7,9** | | | | |  | | | | | |  |
|  |  | | | **Každodenně po celý den: ovocný čaj, voda s citrónem, ovocná šťáva** | | | | | |  | | |  |
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|  |  | | | |  | |  | | | |  | | | | | |  |
|  |  | | | | |  | | --- | | **vedoucí kuchařka : Iveta Doskočilová** | | **vedoucí jídelny : Lenka Dohnalová** | |  | | | **ZMĚNA JÍDELNÍČKU VYHRAZENA** | | | | | | |  | | | | | | |
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